

Trident Reach Domestic Abuse Services – Derbyshire

Trident Reach is part of a county wide consortium that delivers Domestic Abuse Support Services. Trident Reach delivers services within South Derbyshire, South Dales and Erewash.

We provide Accommodation based services, Outreach services and support to children and young adults all of whom have been victims of or impacted by Domestic Abuse.

We provide the following services;

Accommodation

- *Refuge* – Refuge accommodation for female victims, with or without children. This is available to those aged 16 and above. We provide self contained flats with access to a communal courtyard, playroom and communal laundry facility. We provide intensive support to those who have had to flee their homes due to domestic abuse. This service supports all levels of risk. We provide emotional and practical support and support the families to regain independence and move on safely to a community of their choice.
- *Dispersed* – Houses in the community that are available to male and female victims with or without children. These are fully furnished. The workers visit the clients in their homes, this is as often as the client needs but at least once per week. We provide intensive support to those who have had to flee their homes due to domestic abuse. This service supports all levels of risk. We provide emotional and practical support and support the families to regain independence and move on safely to a community of their choice.
- *Children* - Support to children living in refuge accommodation and their parents. This is done through one to one support and group work and also ensuring that children are accessing universal services. We also provide group work and use a variety of resources. Some of the group sessions are themed to raise awareness.

Within accommodation we also provide;

- Support to those with no recourse to public funds
- Staff provide support on call where needed and take out of hours referrals
- Counsellors through volunteer placements and employed counselling co-ordinators
- Confidence building programme– inclusive of but not limited to power to change, crush, you and me mum, helping hands
- Monthly resident meetings and invite key agencies to attend such as police, housing, health, legal etc.
- Each person within the service has a needs and risk assessment
- We cater for religious and cultural needs

Community

- *Domestic abuse outreach* - support for adults who remain in their own home in South Derbyshire and Erewash. We provide intensive support during times of transition, and help people to leave an abusive relationship and keep themselves safe. We also provide support to those who have already left an abusive relationship and need support to overcome their experiences. This service supports standard and medium risk victims.
- *Children's services* – prevention and recovery work with children and young people affected by domestic abuse at home, through both group work and one to one sessions. This takes place in either the home, school or another community venue. The support for children is available to those 0-18 years and they can be supported for up to 2 years.

Within the community we also provide;

- Support with applying for and obtaining DVPO's/ DVPN's where available – these allow people to stay in their own homes and remove the perpetrator from the property for 28 days to give the victim time to go through options – get orders on place or seek refuge
- Support for court when the victim may not be entitled to legal aid
- Regular customer meetings with key agencies to attend such as police, housing, health, legal etc – this is to break down barriers between victims and agencies and allows the customer to be more integrated into the community through knowing what support is available and what agencies are in place to support
- Drop in sessions to be available once a week
- Confidence building programmes - inclusive of but not limited to power to change, crush, you and me mum, helping hands

Other

- We have therapeutic services inclusive of mental health worker, art therapist, counselling co-ordinator, a drug and alcohol worker and a health and wellbeing worker. We also have a complex needs worker within the Erewash area.
- We deliver a 12 week Freedom Programme in both South Derbyshire and Erewash and this is on a rolling basis so that anyone can come onto the course regardless of if they haven't started from the beginning of the course.

- Specialist link workers to engage with and work with the LGBT+, BME and traveller community to improve access to the services.

Outcomes

The outcomes we work towards with adults are:

Safety

Service users feel safer and better resourced to remain safe

Service users retain/regain a sense of autonomy (independence, self sufficiency) and control

Service users have strong and resilient (tough/resistant/unwavering) support networks

Health

Service users have improved mental and emotional health and resources to maintain good mental and emotional health

Service users have improved physical health and resources to maintain good physical health

Services users have improved sexual and reproductive health and resources to maintain good sexual and reproductive health

Stability, Autonomy and resilience

Increased financial stability

More stable accommodation (either safer home in the community or a new home for those coming from refuge that is again safe)

Increased access to education and employment support

Hopes and goals for the future

The outcomes we work towards with children are:

- Children feel safer and better resourced to remain safe
- Feel better educated around healthy relationships and feel they have a deeper understanding of power and control
- Improved confidence and self esteem
- Improved personal growth and development opportunities