



THREE REASONS TO LOVE OUR NEW APP

DISCOVER DAILY FEATURED CLASSES AND CONTENT

Learn from the latest content and choose from your favourite health, fitness, and well-being topics such as mindfulness, sport, and nutrition. Plus, check out our hand-picked featured 'class of the day' to enjoy.

ACCESS EXCLUSIVE COLLECTIONS

Get workout collections endorsed by our masters and celebrities. Try the Kym Marsh's Collection and get into the Strictly Come Dancing spirit ahead of September's show.

TAKE UNLIMITED WORKOUT CLASSES ANYWHERE

Take your pick of workouts across any device, at anytime and access over 1000+ classes ranging from Box & Fight, Strength, Yoga, Cardio, Dance and much more.

NEW ACTIVE NATION ANYWHERE APP

SUPPORT YOUR ACTIVE NATION HEALTH AND WELL-BEING JOURNEY.

**WE'VE GOT CLASSES AND CONTENT FOR EVERYONE.
GET THE APP & START YOUR 7 DAYS FREE ACCESS**

AVAILABLE ON:

