



### ASP Swimming –

ASP Swimming is going to be South Derbyshire Active Schools Partnerships new format and way of teaching young children to swim and learn water safety. ASP Swimming aim is to support and provide a service that is flexible around the school and its timetables whilst also providing intense 30-minute swimming lessons throughout a multiple week period.

### Student Learning Outcomes –

- Perform safe self-rescue in different water-based situations
- Swim competently, confidently, and proficiently over a distance of at least 25m
- Use a range of strokes effectively, including front crawl, backstroke, and breaststroke

### What we provide –

- Filtered and Heated pool on your school premises
- Qualified swimming teachers and lifeguards (6 hours per day)
- Insurance
- Staff to assemble and disassemble all equipment
- Option of Extra-Curricular out of hours swimming lessons

### Swimming Hours -

	1 Class	2 Classes	3 Classes	4 Classes
2 weeks	16.6 Hrs	8.3 Hrs	5.5 Hrs	4.16 Hrs
3 weeks	25 Hrs	12.5 Hrs	8.3 Hrs	6.25 Hrs
4 weeks	33.3 Hrs	16.6 Hrs	11.1 Hrs	8.3 Hrs

- \*All sessions would be 30 minutes
- \*1 class of 30 would be split into 3 groups of 10
- \*All timings are per student
- \*Bespoke programmes can also be arranged and altered throughout the delivery

### Pool Information -

The swimming pool will be 32x16 ft with 1.1m Depth. The pool itself will be enclosed under a structured tent measuring 12m x 6m. Out of use the pool will have a cover which will keep the pool safe and out of use but also clean and tidy for next use. Whilst in use the pool will be kept between 26 - 31 degrees Celsius meeting the guidance suggested and consistent checks for the correct chemical levels throughout the period of the pool being used. During the school day the pool will be always staffed, or the exterior tent will be locked.

### Student Assessments –

- Each student will be formally assessed across the course of delivery
- Assessments will align with both Swim England frameworks (National Governing Body for Swimming) and the National Curriculum
- At the end of the booking a full report will be sent to the school





## FAQ's -

### **ARE THERE ANY ADDITIONAL COSTS?**

We have calculated that on average the water and electricity costs for 2 weeks is £400. The only other additional cost is to install an outdoor electrical point which we will provide some form of financial support for.

### **WHAT ARE YOUR HEALTH AND SAFETY PROTOCOLS?**

During the school day, a member of our team will be always at the pool, even when the pool is not in use. When the school is closed, the marquee will be locked and the ladder to gain access to the pool is removed.

### **DO WE NEED A SCHOOL RISK ASSESSMENT?**

South Derbyshire Active Schools Partnership will provide and have any risk assessments you will need.

### **WHAT INSURANCE DOES THE SCHOOL NEED?**

NONE. Everything is covered under South Derbyshire Active Schools Partnership insurance policies.

### **WHAT ARE THE CHANGING PROTOCOLS?**

All schools are different, most schools can find a secure area for children to get changed in however, we will provide 2 secure gazebos where boys and girls can get changed separately. The changing facilities will be provided with clean floors, seated facilities, and boxes to store bags and clothing in.

### **WHAT IS A TYPICAL TIMETABLE?**

The timetable will be completely up to the school. We advise 30 minutes intense lessons. Some Schools target specific year groups and some prefer to get all year groups some time.

Any other queries or questions please contact Liam Goode on [Liam.goode@southderbyshire.gov.uk](mailto:Liam.goode@southderbyshire.gov.uk)





Insurance Breakdown –

**Setup of all kit** – Swimming Pool – The swimming pool will require the steel poles clipping together into the correct frame shape and then the lining of the pool will be installed and attached through the poles that have been secured. The 10x5m pool will also have a soft foam matting underneath that will be clipped together and placed in position prior to the completion of the pool build.

**Risks/Hazards** - To reduce any risks during the build all manual handling courses will be completed and anything that ways over 25kg in weight will be moved and assisted with a trolley or two staff members.

**Outer Shelter** – The outer storage tent will be a steel frame storage unit that will be put together easily with wingnuts and bolts. Once the frame is up using ropes and ladders the outer sheets will be attached to the framework with string ties. Once this is all complete, 10-15kg water weights will be placed on each leg of the tent.

**Risks/Hazards** - There are a couple of key risks when setting up the storage shelter. First is the manual handling of all the kit. All staff will again be manual handling trained and ensured that this is kept up to date. Secondly all staff will have training prior to delivery of how to set up the tent and how to take it down. Again, working with a partner will be key, when attaching the outer panels, ladders may need to be used so one staff member to climb the ladder and the second to hold and secure them in place.

**Small Changing Gazebos** – The small changing Gazebos will be 3x3m pop up gazebos. This will be a case of moving into position, pull out and pop up. Attach to main shelter and then secure to the ground. To secure these to the ground, we will use again the same 10-15kg water weights. These will have lights in due to them being black out tents to stop any viewing into the changing facility.

**Risks/Hazards** - Manual handling will need to be completed to ensure safety of all staff. The lights will hopefully use solar panels to power them to save extra cables running to the pool.

**Heater/Filter** – Both pieces of equipment will need power sourced from the school. The heater will need a 32 amp isolator socket and the filter will run of the mains system.

**Risks/Hazards** – The risks for the heater and filter will be the electrical cables running from the school to the heater/filter. These cables will be covered up with rubber sealant mats to cover over the cables. Secondly, we will place warning signs to make people aware of the trip hazards.

**Storage of equipment** – All equipment will be stored in a new van that will be kitted out with different sections to purpose fit all the equipment needed for the pool. This van will also have a lockable cupboard to store the chemicals that will be needed to keep the pool at the correct chlorine and sanitisation levels. Finally, the van itself will be stored and locked in a compound that can't be accessed unless getting the keys from a secure safe away from the compound. The compound itself has CCTV in it and is locked all the time unless in use.

**Pool use** – In use – when the pool is use there will be a minimum of 2 staff. One being a level 2 swimming coach with lifeguard qualification and then the second staff member being the main lifeguard for the day. At no point will there be any children in the pool without the 2 staff members there.





The participants will be required to use a small cleaning pool to wash their feet on entrance and exit of the pool. This will be put in place to keep the pool clean and to reduce the risk of any viruses etc that can be contaminated through the water.

When not in use – when the pool is not in use (breaks/overnight) the cover of the pool will be pulled over to secure the water. Secondly, the ladders to assist any users to get in the pool will be removed and stored in a secure place inside the school premises. Also, the main tent with the pool in it will have the door panels pulled shut, the secure cable pulled through the eyelets and then secured with a padlock. Finally, there will then be a sign placed on the door stating no unauthorised access to anyone at any point.

#### **Risk assessments/check lists –**

Check Lists – Each morning there will be a checklist which both staff members and a school staff member must complete and sign. This will include a walk around of all the equipment making sure that all looks visually okay and that everything looks good for the day ahead. Once this is complete, this will be stored in a folder file for the remainder of the delivery. Just after lunch break this checklist will be completed again by only 1 staff member and then will be completed again at the end of the day by both staff members and school staff.

The pool will also include a checklist which will cover things like temperature checks, chlorine and sanitisation checks etc. This again will be all recorded every hour that the pool is in use. These will also be completed at the start and end of every day and must be signed off by both SDASP staff.

Finally, the last check that will also be completed every hour is the wind. This will be recorded from an anemometer. If the winds get above a certain MPH then the pull will be shut down to reduce the risk of any further injury or dangerous practice. If the readings are close to the maximum, it can be then these checks will be increased to every 15 minutes.

Risk assessments – All risk assessments will be completed and signed off with our Health and Safety lead Anthony Guest. These will include the build of the equipment, take down of equipment, general practice of lessons, chemical storage, chemical use, wind readings, lighting, safety of around the pool, securing the tent and pool, preparation of the pool, changing facilities, use of ladders, small pools prior to entrance and exit etc. All staff will sign to say they have read the RA in depth and a copy will be handed to each school when delivering the session.

Student and staff briefing – at the start of every school deployment, there will be a small assembly to outline the rules and regulations of the swimming course to follow. Once this has been completed the headteacher of the school will sign the contract with the key safety points on throughout the weeks. There will then also been a safety sign poolside to remind the children of these rules.

