**REPORT TO:** 

AGENDA ITEM:

DATE OF MEETING:

11 September 2006

**CATEGORY:** 

REPORT FROM:

**CONTACT POINT:** 

**Director of Community Services** 

DELEGATED

OPEN

**MEMBERS**'

Stuart Batchelor

DOC:

SUBJECT:

**BIG Lottery - Well Being** 

REF: HCS 07

WARD(S)

All

AFFECTÉD:

## **Purpose of Report**

1.1 To update members on the BIG Lottery Well-being funding programme.

## Detail

**Outline of the Funding** 

As part of its new programmes, the BIG Lottery has a scheme, which aims to give money to communities in need to create healthier lifestyles and improve their well-being. Because well-being is a diverse concept, and the potential range of issues covered are large, the lottery have focused on three main areas:

#### Mental Health

Giving peoples and communities improved mental health and well being supporting projects that:

- a. Develop preventative approaches to common mental health
- b. Increase user involvement with the design, development and running of mental health projects
- c. Contribute towards changing perspectives about mental health within communities and positively promoting and raising awareness

# Physical Activity

Encouraging and learning people to be more physically active

- a. Encouraging those who have the most sedentary lifestyles and increasing their activity levels
- b. Promoting physical activity in their daily lives and encouraging individuals to incorporate physical activity in their daily routines
- c. Improve the ability of communities to organise and run projects that provide physical activity opportunities

### Healthy Eating

Educating children, parents and the wider community to eat more healthily

- a. Promoting healthy eating for all members of our communities
- b. Building greater easier access to healthy foods and increase consumption and healthier choices
- c. Increasing the knowledge of healthy foods and food skills to children and improving their eating habits

#### **Present Process**

South Derbyshire District Council's Leisure and Community Development department are working with the PCT and have submitted funding proposals to be included in the regional portfolio for the East Midlands.

The East Midlands portfolio focuses on the creation of a network of delivery partnerships across the region which support and implement projects to improve health outcomes, particularly in areas of significant need, in relation to healthy eating, physical exercise and mental health. These partnerships will enable the combination of strategic steer and grass roots knowledge and commitment, which we think is necessary to address well-being holistically.

The BIG Lottery will decide on which portfolios should be invited into Stage 2 by November 2006. The deadline for using the development grants and returning the final stage will be March 2007, with decisions being made in June 2007.

#### Concerns

There are concerns that other areas of Derbyshire will receive more funding due to having greater areas of deprivation.

At has also been announced on the 31<sup>st</sup> August 2006 that according to a recent survey conducted by Experian and analysts Dr Foster Intelligence, Bolsover has been identified as one of the eighth obese areas in the country.

In conclusion, both of these factors could have a negative impact on the funding South Derbyshire may receive.

For further information, please contact Stuart Batchelor, Leisure and Community Development